Ecology and Environmental Health

• Ecology: the interactions between biological organisms and their biotic/abiotic environments can be quantified and described

•Humans exist within (are not separated from) ecosystem and ecological interactions

- Ecosystem functioning <- material cycles + energy flow (as biological and physical components interact both hierarchically and circular feedback loops)
- <- largely altered by human activities // in turn, the pace of global climate
- change and its public health impacts increase

•Ecosystem functioning -> toxins/pathogens are broken down <u>or</u> concentrated / those become environmental health risk <u>or</u> not

•Biodiversity -> ecosystem functioning (eg. system capacity to regulate weather, break down hazardous agents, ...)

Populations

- $rac{1}{2}$ minimum size limit <- resource availability and intrinsic characteristics
- 🔵 maximum size limit <- extrinsic environmental factors

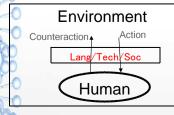
 Rapid environmental change (<- human population growth, unplanned development, overexploitation of natural resources) -> ecosystem change, including emerging/reemerging infectious diseases

Interaction between human and environment

A system of subject and environment

Ecosystem: a system in which all organism populations have relationship with physical-chemical environment, which in turn generates trophic stages, biodiversity and material cycles (hydrologic cycle, carbon cycle, nitrogen cycle --- ecosystem services) with energy flow (lost through work and dissipated as heat at each step of biological food chain).

- Humanized (domesticated) ecosystem: physical-chemical environments are largely affected by human-beings
- How to consider humanized ecosystem
 - Habitat+Resource+Environmental factor (Shosuke Suzuki)
 - Human<->[Language, Technology, Social organization] <-> Environment (Tsuguyoshi Suzuki)



- Ecosystem services: * Provision of clean water * Waste recycling * Regulation of infectious
 - diseases
- Regulation of climate

Ecology and Ecosystem

Ecology

- derived from oikos (ancient Greek); household/place to live
- $\ -$ the study of interactions between organisms and environments
- natural history -> natural selection / evolutionary biology -> socialecological systems perspective / resilience theory -> sustainability
- Three different but complementary perspectives: ecosystem ecology, community ecology, and population ecology
- Ecosystem ecology: functional entity, formed by interactions of living organisms with physical environment
 - Collection of ecosystems -> biosphere (occurs at the edge of geosphere, hydrosphere, and atmosphere)
- Community ecology: Interactions of species; emphasis on specie's composition and diversity
- Population ecology: Population level processes; emphasis on population dynamics and regulation, and on interspecies interactions
 - Human ecology is a kind of population ecology

Biomes

- Mostly determined by temperature and precipitation
 - marine ecosystems / freshwater ecosystems / terrestrial biomes / domesticated ecosystems
- Only human beings can live in any biome





Temperate Forest



Tropical Semi-arid Grassland (Savanna)



Tropical Rain Forest



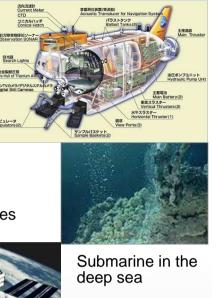
Desert



Tundra

Extraordinary biomes / non-biomes





Antarctic bases

ISS

Negative feedback in human population

Human population has "adaptive renewal cycle", from r phase (growth and exploitation under low stored capital and connectedness), through K phase (conservation) and Ω phase (release), to α phase (reorganization)

Recently the importance of adaptive management (a system of cyclical monitoring and adjusting), the central idea of ecosystem management is recognized

Density dependent regulation is related with carrying capacity and logistic growth. Also related with emerging infectious diseases, which is also related with biodiversity.

Homeostasis

Living organism needs metabolism (chemical reactions) within the body which requires non-extreme temperature, pressure, humidity

nonhuman organisms are adapted to their specific biomes (cf. dried waterbears and sleeping chironomid's larvae in cryptobiosys status)

- Humans can make microenvironments (eg. cloths) and/or largely modify environments with technology to keep homeostasis within the body where chemical reactions occur.
- Homeostasis
 - Stressor (changes in external environments) stimulates organisms; can be regarded as anything disturbing homeostasis
 - Living organisms have "negative feedback" to keep homeostasis against perceived stressor.
 - •In humans, homeostatic actions are not only biological but also artificial (using technology)
 - Carry-over of negative feedback returns out to external environment
 - Material cycle between the body and external environment through exposure, absorption, distribution, metabolism and excretion; the pathways are <u>not fixed</u>

Communities and species

· Habitat diversity

Species-area relationship: in log-log scale, number of viable species are positively correlated with area

- "division of area by ten divides the fauna by two" -- Darlington's rule (1957)
- Ecosystem components
 - niche
 - competitive exclusion principle
 - equilibrium theory